HFW= *High-frequency words. 高頻率生字

What is it? Very common words.

這是甚麼: 是一些很常見的英文字。

Objective: Students can quickly recognise the words, so that when they read a sentence, they don't need to stop.

目標: 學生可透過快速識別高頻率文字，在閱讀時便不會因這些字而影響閱讀速度。

Method: Memorise by repeating many times, so it becomes automatic: when the student sees *the* he says "*the*".

方法：著孩子多次重複背讀高頻率文字，直到孩子能看到這些字就能說出，例如：見到 *the* 便可說出"*the*"。

Example: The cat is happy. Students don't need to stop and think about *the* and *is*. They can focus on *cat* and *happy*.

例子: 當學生閱讀這句子時 - The cat is happy. 他不用為了 *the* 和 *is* 而停止去聯想意思，可專注在句子中較有意思的兩個字 "cat"和 "happy"。